



Relationships 1

Our special times together!

Draw a picture, do a mime or choose an object to remind you of the special times you have together.

Take it in turns to talk about the special times and say why they are special.

These might be the little things or things that are more of an adventure. Some examples might be ... playing on the computer together ... going for a walk and talking about what you see ... bedtime stories ... trips or holidays.

Try to spend some time doing your favourite things together.

My favourite thing to do together (child).

We did this on

Favourite times with my special people when I was young (parent or carer).

I did this with my child on



Relationships 3

Special things

Parents or carers and child

Take it in turns to talk about:

- **Did you have a special thing when you were young?**
It might be anything but it could be a special blanket, dummy or teddy.
- **What was special about it?**
- **What did it smell or feel like?**
- **How did you feel when you had your special thing?**
- **What happened to your special thing?**
(If you have still got it have a look at it together.)

Draw a picture of your special thing.

