

Week one

09/04 20/04 21/04 11/04 02/07 23/07 03/09 24/09 15/10

Choose a main meal...
 Chicken Korma with Rice
 Macaroni Cheese
 Jacket Potato with a choice
 Baked Beans, Grated
 Cheese or Tuna Mayo

on the side...
 Seasonal Vegetables
 for dessert...
 Apricot Shortbread
 Fresh Fruit or Yoghurt

Choose a main meal...
 *Beef Lasagne with a Garlic
 Roll
 Cheese & Tomato Pizza on
 a Wholemeal Base
 Jacket Potato with a choice
 Baked Beans, Grated
 Cheese or Tuna & Salmon
 Mayo

on the side...
 Seasonal Vegetables
 for dessert...
 Dorset Apple Cake with
 Custard
 Fresh Fruit or Yoghurt

Choose a main meal...
 Roast Chicken with Roast
 Potatoes & Gravy
 Roast Quorn with Roast
 Potatoes & Gravy
 Jacket Potato with a choice
 Baked Beans or Grated
 Cheese

on the side...
 Seasonal Vegetables
 for dessert...
 Muller Yoghurt
 Fresh Fruit

Choose a main meal...
 *Pork Sausages with
 Mashed Potato
 Vegetarian Sausages with
 Mashed Potato
 Jacket Potato with a choice
 Baked Beans, Grated
 Cheese or Tuna Mayo

on the side...
 Seasonal Vegetables
 for dessert...
 Mixed Fruit Crumble with
 Custard
 Fresh Fruit or Yoghurt

Choose a main meal...
 Fish with Chips
 Quorn Burger in a Bun with
 Chips
 Jacket Potato with a choice
 Baked Beans or Grated
 Cheese

on the side...
 Seasonal Vegetables
 for dessert...
 Iced Carrot Cake
 Fresh Fruit or Yoghurt

Week two

16/04 07/05 28/05 18/06 09/07 10/09 01/10

Choose a main meal...
 *Pepperoni Pizza on a
 Wholemeal Base
 Cheese & Tomato Pasta
 Jacket Potato with a choice
 Baked Beans, Grated
 Cheese or Tuna Mayo

on the side...
 Seasonal Vegetables
 for dessert...
 Strawberry Muffin
 Fresh Fruit or Yoghurt

Choose a main meal...
 BBQ Chicken with Rice
 Cheese & Tomato Pizza on
 a Wholemeal Base
 Jacket Potato with a choice
 Baked Beans, Grated
 Cheese or Tuna Mayo

on the side...
 Seasonal Vegetables
 for dessert...
 Peach Sponge
 Fresh Fruit or Yoghurt

Choose a main meal...
 *Roast Ham with New
 Potatoes
 Vegetarian Hot Pot with
 New Potatoes
 Jacket Potato with a choice
 Baked Beans or Grated
 Cheese

on the side...
 Seasonal Vegetables
 for dessert...
 Apple Crumble with
 Custard
 Fresh Fruit or Yoghurt

Choose a main meal...
 Chicken Fillet Burger in a
 Bun & Mayo with Jacket
 Wedges
 Mixed Bean Chilli with
 Jacket Wedges
 Jacket Potato with a choice
 Baked Beans, Grated
 Cheese or Tuna Mayo

on the side...
 Seasonal Vegetables
 for dessert...
 Muller Yoghurt
 Fresh Fruit

Choose a main meal...
 Fish Fingers with Chips
 Butternut Squash & Chick
 Pea Curry with Chips
 Jacket Potato with a choice
 Baked Beans or Grated
 Cheese

on the side...
 Seasonal Vegetables
 for dessert...
 Lemon Drizzle Cake
 Fresh Fruit or Yoghurt

Week three

23/04 14/05 04/06 25/06 16/07 27/08 17/09 08/10

Choose a main meal...
 Macaroni Cheese
 Veggie Bolognese with
 Pasta
 Jacket Potato with a choice
 Baked Beans, Grated
 Cheese or Tuna Mayo

on the side...
 Seasonal Vegetables
 for dessert...
 Chocolate Cookie
 Fresh Fruit or Yoghurt

Choose a main meal...
 Mild Chicken Tikka Masala
 with Rice
 Cheese & Tomato Pizza on
 a Wholemeal Base
 Jacket Potato with a choice
 Baked Beans, Grated
 Cheese or Tuna Mayo

on the side...
 Seasonal Vegetables
 for dessert...
 Sticky Toffee Apple Sponge
 with Custard
 Fresh Fruit or Yoghurt

Choose a main meal...
 Roast Turkey with Mashed
 Potato & Gravy
 Veggie Sausage & Bean
 Casserole
 Jacket Potato with a choice
 Baked Beans or Grated
 Cheese

on the side...
 Seasonal Vegetables
 for dessert...
 Custard Pot
 Fresh Fruit or Yoghurt

Choose a main meal...
 *Beef Burger in a Bun with
 Jacket Wedges
 Veggie Hotdog in a Bun
 with Jacket Wedges
 Jacket Potato with a choice
 Baked Beans, Grated
 Cheese or Tuna Mayo

on the side...
 Seasonal Vegetables
 for dessert...
 Apple & Blackcurrant
 Crumble with Custard
 Fresh Fruit or Yoghurt

Choose a main meal...
 Fish Cake with Diced
 Potatoes
 Vegetable Grill with Diced
 Potatoes
 Jacket Potato with a choice
 Baked Beans or Grated
 Cheese

on the side...
 Seasonal Vegetables
 for dessert...
 St Clements Sponge
 Fresh Fruit or Yoghurt

Monday

Tuesday

Wednesday

Thursday

Friday

All our milk is Red Tractor approved

WE BUY 95% of our seasonal vegetables direct from British growers

FRESH SALAD IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biofuel

FAIRTRADE All our bananas are FAIRTRADE

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

FARM TO FORK We can trace every cut of meat back to the farms of origin

We only use Lion Quality British Eggs

WE SUPPORT 82 BRITISH DAIRY FARMS

SPRINGSUMMER 2018 MENU BUGS, NORTHAMPTON, BEDS, MILTON KEYNES
 THEME DAYS: 17th May, 4th July & 4th Oct
 For details on how to claim free school meals, please speak to your catering manager or contact us